

Program

10 Years Netzwerk
Care Revolution



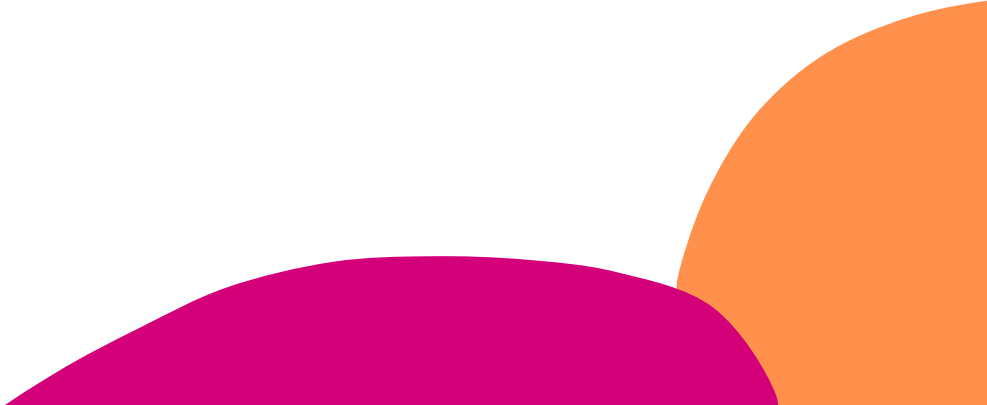
18. - 20.10.24
Leipzig

Friday, 18.10.24

6 - 7:30 p.m. dinner (Hamo & Café Ocka)

8 - 10 p.m. panel discussion
“10 years of Care Revolution - and that
was just the beginning”

with Nadia Shehadeh, Antje Schrupp, Mike
Laufenberg. Moderation: Liska
Beulshausen (Westbad)



Saturday, 19.10.24

10 - 10:45 a.m. Welcome & getting to know each other (Westbad)

11 a.m. - 12:30 p.m. Program phase 1

1 - 2:30 p.m. Lunch (Westbad)

1 - 3 p.m. Information stands (Westbad)

15 - 16:30 Program phase 2

17 - 18:30 Program phase 3

18:30 - 20:30 Dinner (Café Rosa & Café Ocka)

9 p.m. Toast & celebration (Hamo & Café Ocka)

Außerdem:

**Giant soap bubbles
(outside)**

Café (Kubu)

**Exhibition by
Kollektiv
Raumstation
(Westbad)**

Sunday, 20.10.24

9 - 11 a.m. Breakfast together

11 a.m. - 2:15 p.m. Where do we want to go as the Care Revolution network?

2:15 - 2:30 p.m. Farewell

all at Westbad



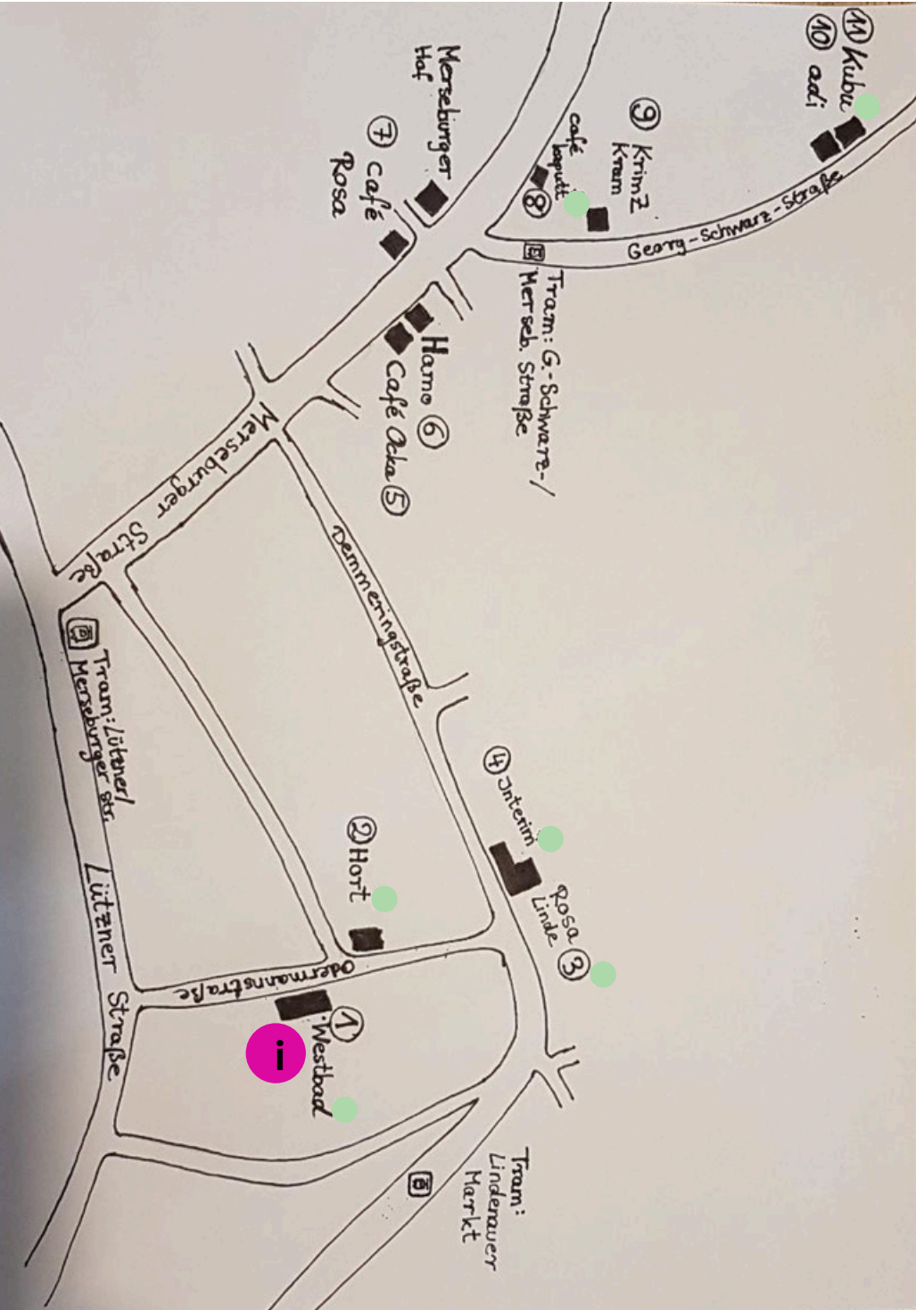
Event venues & info

- 1) Westbad Odermannstr. 15*
- 2) Nasch after-school care center Odermannstr. 4/6*
- 3) Rosa Linde Demmering Str. 32*
- 4) Interim Demmering Str. 32 (door to the street)*
- 5) Café Ocka Merseburger Str. 88
- 6) Hamo Merseburger Str. 88b
- 7) Café Rosa Merseburger Str. 103 (not barrier-free, people with limited mobility prefer to use Café Ocka for dinner on Saturday evenings)
- 8) Café Kaputt for barrier-free toilet Merseburger Str. 102 in the rear building*
- 9) KrimZkram Georg-Schwarz-Straße 7
- 10) adi Georg-Schwarz-Straße 19
- 11) Kubu Georg-Schwarz-Straße 19*

*barrier-free WCs available

Accessibility: The rooms are wheelchair accessible. In rooms 5), 6), 9) and 11), a self-built ramp must be used to overcome a step. Barrier-free toilets are marked in green on the map and can be found here: 1), 2), 3), 4), 8), 10/11).

There is an information point and awareness room in the Westbad.



Workshops

Phase 1

11 a.m. - 12:30 p.m.

Form gangs! Using the example of the feminist Mothers* Network East

with Annenka, Sika, Luisa, Fränze, Balu, Hannah (feminist mothers*networking group in East Leipzig)

Venue: Hort der Nasch


We are the Mothers* Networking Group East and organize two different reading groups in the east of Leipzig: the Mothers* Regulars' Table and the Reading Crawling Group. We meet weekly and use literature to discuss a variety of topics relating to feminist parenting. Based on the text, we report on personal experiences and reflect together. In our workshop, we want to offer a modified version and mixture of both reading groups. Just like in our toddler reading group: you are welcome to bring your babies, but you are also welcome without children.

Care into the 'ParkCenter' - How do we expropriate a shopping center in a feminist way?

with Nadine Gerner & Lola Fischer (Kampagne 'Sorge ins ParkCenter')

Location: Interim

We want to socialize care work. This means understanding the local social space as a space for action: Our goal is the socio-ecological transformation towards a caring city! We see care centers in our neighborhoods as an important starting point for this. Care centers are places of local support for caregivers who perform paid and unpaid care and circular work. In order to secure such projects in the long term, they must be withdrawn from profit-oriented uses. While the care crisis is intensifying and projects oriented towards the common good are struggling to survive everywhere, more and more shopping centers from Düsseldorf to Munich to Cottbus are simply falling empty. In Berlin-Treptow, the almost completely empty "ParkCenter" shopping mall is to be partially demolished and replaced with new buildings. It is clear to us that this would not only be an ecological mistake, but also a social one. Instead of even more offices, we want to use the space that is available for local and community-oriented care. Care centers should be adapted to the local needs of the neighborhood and the development of the centers should take place in a participatory manner with the local people.



In the workshop, we will share our thoughts and initial experiences/approaches from our work and report on historical and international examples of the de-privatization and radical reorganization of care work. Against this background, we want to work with you to develop strategies and paths for the socialization of care work and shopping centers.

Basic income and social infrastructure

with Ronald Blaschke (Netzwerk Grundeinkommen),
Dagmar Paternoga (Attac, AG Genug für alle)
Location: RosaLinde Room 1

In her book “Solidarische Care-Ökonomie: Revolutionäre Realpolitik für Care und Klima” Gabriele Winker describes the basic income and the (free of charge) social infrastructure as two components of the solidary support structure for a transformational care revolution.

The workshop will provide brief inputs on the close relationship between these two components and other care transformation strategies. Reference will be made to further literature.

Afterwards, practical introductory steps for the basic income and for the free use and democratic design of social infrastructure will be discussed together.

Public Financing and Infrastructures of Care Work

with Vienne Chan, Jan Tovar, Philip Bauer

Place: Hamo

This workshop will focus on how to build messages around public funding for social infrastructure. A cross-cutting issue between movements for social issues and for climate justice is the lack of funding. Private investment alone is insufficient and leads to the privatization of public goods, limiting their accessibility. Public finances remain the key to ensuring the well-being of all. However, the debt brake creates an artificial climate of austerity in which different social movements are pitted against each other in the competition for public funds. However, public funding is rarely discussed seriously by the general public. Our workshop therefore includes a concise introduction to public financing mechanisms and the common challenges for social movements. The debt brake limits public debt - the other name for public financing.

In practical terms, this means that infrastructure for the common good must generate sufficient revenue to be “self-sustaining” or even profitable. Health and care are becoming profit-oriented, hospitals are threatened with closure, for example, and poorer cities could try to gentrify in order to generate more municipal tax revenue.

The paralysis of local politics, privatization and ailing public infrastructures are the consequences. Given the need to change the rules of public financing, this workshop invites you to jointly develop demands and pressure points to mobilize the public funds needed for the good of all.

Everything some kind of care? Talking about care and care work

with Matthias Neumann (Care Revolution Freiburg)

Location: RosaLinde Room 2

Care and care work are at the heart of our politics: feminist activists and care movements are calling for the existential importance and omnipresence of care to be made visible. But what are we actually talking about when we talk about care? The term touches on everyday actions, fundamental needs, critical economic thinking, attitudes with which we treat each other and the world around us. Nevertheless, we often do not clearly define what we mean by “care” and talk past each other. A few examples of such difficulties in the practice of Care Revolution serve as introductory examples. The aim is to share what concerns us in connection with care. How do we name this emotionally and precisely at the same time? The aim is not so much to impart knowledge one sidedly as to gain a better understanding of each other.

Militanz

with Marika

Location: Westbad (Salon)

In this workshop, we want to approach the different dimensions of care physically and through dance: How does it feel to care for others - and how to be cared for? What can care work look like in a collective? How can care be embodied at all? And how can care for ourselves as well as for others? Which bodies care and which are cared for?

The workshop offers space for individual and shared (physical) experiences, exchange and networking, and we will take several breaks. breaks. Wear clothes in which you can move well and feel comfortable. And bring something to drink.



Workshops

Phase 2

3:00 - 4:30 p.m.

Reading & discussion: Having children (‘Kinder haben’)

with Heide Lutosch

Place: Westbad (Salon)

About the book: “Mothers' meetings and playgrounds, shared flats and ICE trains are the places where precise observations are condensed like pieces of a puzzle into an analysis whose object of knowledge is having children. In short, self-contained sections, Heide Lutosch pursues theory-building that is as radical as it is pleasurable and as curious as it is unerringly accurate, trained in Marxism, feminism and psychoanalysis, while remaining relentlessly close to her own experience.” (from the publisher's information))

Care & socialization

with Chris Neuffer (Konzeptwerk Neue Ökonomie e.V.)

Venue: Interim

The question of socialization is back! Deutsche Wohnen & Co, RWE, Asklepios: There are many companies that prevent access to good, needs-oriented housing, mobility, energy and care. They make a profit from our basic needs. For the care sector, the specific question is: How can we think about paid and unpaid care work? Where can we build up pressure together? With the aim of putting care at the center and fighting for access to good care for all people, beyond profit maximization and discrimination.

The workshop is an introduction to the topic of care and socialization. After a short input, we will look together in a World Café at various examples where people are already fighting for the socialization of care work: whether in the movement for caring cities or in hospitals.

For all those who are looking for an introduction to the topic and want to get to know rousing campaigns and actions of the care movement in the context of socialization!

The workshop will be held in German.



Humose Sorgebeziehungen / Caring with Soils. More-than-human care ethics using the example of caring human-soil relationships

with Pauline Lürig & Manuel Wagner
(quEErEcologiEsCollEctivE)

Location: Interim

In this workshop we will explore fertile, caring human-soil relationships together and experience them collaboratively and creatively. Following María Puig de la Bellacasa and Feminist Political Ecologies, we will sharpen our focus on the care work of the soil that holds together all life on this 'damaged planet' (Tsing et al. 2017). In addition to a theoretical input, we will immerse ourselves in a mapping of "our" human-soil relationships. To this end, we ask ourselves what forms of soil care, types of relationships and kinships, networks of dependencies we are involved in and try to move towards an awareness of life-sustaining mutual connection. Mapping forms the ground for visualizing and creating personal zines or collages. By layering stories and relating to each other, we weave a web of thoughts. We compost our input, our mappings, quotes and questions and make them fertile for others, materializing them to be taken away, as a humus zine harvest.

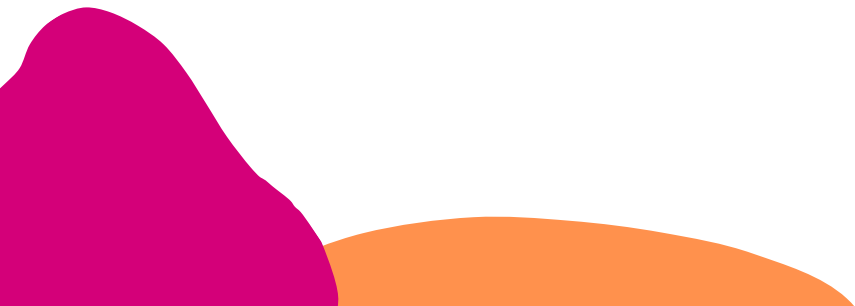


System change: Is climate protection an imposition or does it mean good life?

with Carola Eckstein (Care Revolution Network), Elfriede Harth (Care Revolution Rhein Main)

Location: RosaLinde Room 2

The starting point is the often expressed concern that the necessary climate protection is becoming an even greater burden for many, that climate protection and care are in competition with each other - but perhaps they are in the same boat or are even two sides of the same coin? The aim is to develop a shared vision, to encourage participants to work together for change, to reach out to others and to inspire them to initiate a 'system change' that serves everyone. After a first round of brainstorming, alternatives to the existing situation will be presented; based on this, we will spin ideas about how the world could be. Finally, a second round of brainstorming will bring together how each individual and all of us together can get things moving.



Somatic practice - body as a biotope of care

with Filu

Location: Hamo

Cutting, folding, gluing: DIY bookbinding or journal art

with urbane Ideenwerkstatt

Location: KrimzKrams

Whether as a practical notebook, for thoughts and memories or as a gift: if you want something individual or special, you can bind your own notebook or booklet. We invite you to try things out in a variety of ways and get creative and artistic with a colorful collection of (leftover) materials.



Workshops

Phase 3

5- 6:30 p.m.

Networking meeting: Turn shopping malls into care centers

with Christian Mina (shopping malls to care centers)

Location: Hamo

On the weekend of 15 to 17 March 2024, many activists came together at the 'Let's Socialize' action conference to talk about how socialization can lead to more climate justice. In addition to mobility, agriculture and energy, the care sector was also a strand of the weekend. Various projects and initiatives that are already active in this field were presented. At the end of the weekend, some decided to combine their struggles and network. Under the motto "Shopping malls to care centers", people from different cities have joined forces and are adapting the Berlin model of the 'Care in the Parkcenter' campaign to local conditions.

This workshop will provide an opportunity to share experiences to date in the various cities. Interested parties who are not yet active in a group on this topic are also welcome. If you also want to promote the idea of caring cities and the socialization of care work, then come along and be part of the whole.

Reading & talk: Eco-feminism

with Lina Hansen & Nadine Gerner

Venue: Westbad (Salon)

Info about the book: <https://unrast-verlag.de/produkt/oekofeminismus-zwischen-theorie-und-praxis/>

“The authors explain how ecofeminism manages to show the connection between different structures of domination and to think together the domination over women, queer, migrant, racialized people and other marginalized groups with the domination over nature. In practice, this can be seen in the form of strikes and occupations, commoning and collective subsistence work, autonomous communities and alternative social concepts.” (from the publisher's information)



Economy is care - (not) a stroll

with Liska Beulshausen (Economy is Care)


Location: outside, meeting point in front of Westbad

The 'Economy is Care' station trail invites you to explore what the economy is and what it should be. Because economy means satisfying people's needs, i.e. taking care of ourselves, each other and the world. The economy therefore encompasses everything that we also understand by the word care. So both terms, economy and care, basically mean the same thing.

We want to explore this understanding of the economy together on a short walk. We will visit various stations where we will illustrate that and how people here care for themselves, for others and for the world.

Implementation and barriers:

We will move through the neighborhood and give a short input on site. This will probably not be amplified by a microphone. If necessary, seating can be provided at the individual stations. Please communicate your needs to us in advance so that we can organize the city walk in such a way that participation is possible for everyone.

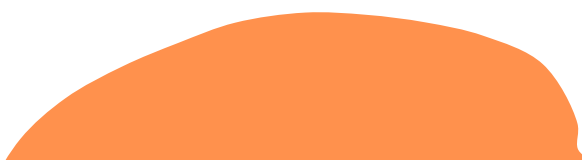


Egg donation and surrogacy

with Viola Schubert-Lehnhardt

Location: RosaLinde Room 1

In many countries (not in Germany), both methods are legalized or not prohibited and offer women opportunities to earn money. There is now widespread international debate as to whether this is an altruistic, self-determined form of earning money or a further form of exploitation of women and should therefore be outlawed internationally. From the point of view of Care Revolution, the question is also whether it is a form of care work that should be properly remunerated and protected or whether we should continue to fight for its prohibition in Germany. The authors of the anthology “They call it life, we call it work” have taken a clear position on this. After all, not only are contracts concluded abroad for the donation of egg cells or children, but rules of conduct are also formulated, certain examinations are prescribed, etc. It is not only these regulations that refer to the concept of work - the classification of these activities as work would above all mean an improvement in the living conditions of women, including insurance cover and clearly regulated financial remuneration. The international authors of the anthology “The new birthing machines? What global surrogacy does to women and children” assume the opposite and call for a worldwide ban.



Striking for the care revolution? Developments in the paid care sector since 2014 and prospects for the future

with Hedda Hauser (ver.di Gewerkschaftssekretärin),
Juliane
location (SEB Leipzig), Hanna (Uniklinikum Leipzig)
Interim

Will the Care Revolution succeed through trade union strikes? We will approach this question from the perspective of a nurse from Leipzig University Hospital and an educator from the Leipzig Municipal Services (SEB), who are organized with ver.di. Together with you, we want to take a look at the last 10 years of trade union struggles in the care and education sectors, identify the status quo and, based on this, discuss what steps are needed towards a trade union-supported “care revolution”.

Building Burnout Resilience: A Workshop on Reflective Writing as Critical Intervention

mit Andrea Scott

Ort: RosaLinde Raum 2

The concept of burnout, which widely affects “caring” professions, received renewed attention during the pandemic amidst the global “crisis of care”. Burnout is commonly understood as feelings of exhaustion, emotional distance or cynicism, and reduced professional efficacy in relation to one’s work (e.g., Maslach & Jackson, 1981; WHO, 2019). This workshop introduces participants to theory on the six pillars of burnout, namely work overload, lack of control, insufficient rewards, breakdown of community, absence of fairness, and value conflicts (Maslach & Leiter, 2022) to invite reflection on risk factors in one’s own life and opportunities for creating structural change. In the second half of the workshop, participants will use reflective writing – guided journal writing that is not shared with others – to build burnout resilience in one’s self and organization. Participants can choose from various writing exercises that center on individual and social forms of purpose, compassion, connection, and balance (Pope-Ruark, 2022). After writing individually, we will convene as a group and discuss how such writing can be used to support ourselves and others in the creation of more socially just caring professions.

Note: The workshop will be offered in English, but participants may write in any language and the conversation can be conducted in German or English.

Networking, exchange and more

**Get to know the network: Cooperation partners and working groups
introduce themselves**

1 - 3 pm in the Westbad

**with working group 'reducing hours of paid work', Care Revolution
regional groups Rhein/Main & Leipzig, Netzwerk Grundeinkommen,
Feministische Front, Care-App, working group 'sovereignty of time
usage', feministische Mütter*vernetzung des Leipziger Ostens and
many more.**

Eine Konferenz von:



KONZEPT
WERK neue
ökonomie

Gefördert von:



STIFTUNG ●●●●
MENSCHENWÜRDE
UND ARBEITSWELT

Wir fördern solidarisches Handeln
in der Arbeitswelt.

**Damit die Menschenwürde
nicht unter die Räder gerät.**